## We can help

## Conflict Management & De-escalation workplace training

CRCSTL is a leader in conflict management and de-escalation training. Let us help you create the workplace you really want.



## Why learn conflict de-escalation?

Conflict in the workplace is natural and common. When people with strong personalities share a space and work together, their differences in opinion can be productive if they are addressed with professionalism, kindness, and empathy.

However, not all conflicts are healthy. Not all conflicts are productive. Some conflicts can devolve into toxic behavior that impacts the work environment for all employees. Depending on the nature of the conflict, employers may risk litigation if they don't take the proper steps to ensure that the employees' needs are being met.

## What this training is:

This training focuses on the root causes of workplace conflict and explores techniques to prevent unhealthy conflict, encourage positive dialog, and manage conflict when it happens:

- Having Difficult Conversations
- Preventing Conflict through Effective Communication
- Managing Yourself in Conflict
- Managing Others in Conflict

Workplace training sessions are available virtually and in person.

