

Mediation & Conflict Coaching can help!

At home

Disputes between living partners or roommates regarding noise, property, animals, and/or lifestyle differences

With your landlord or tenant

Disputes over rent, leases, repairs, or evictions

With your neighbor

Conflicts over noise, living arrangements, and parking

Employees of St. Louis City

Conflicts with co-workers or supervisor/employee conflicts

Between Citizens & Police

Conflicts about misconduct & miscommunication

Supported by the City of St. Louis' Dept. of Human Services and Affordable Housing Commission; the St. Louis Mental Health Board; and the Missouri Housing Development Commission.



partnering
investing
empowering



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CRCSTL.ORG

Mediation? Or Conflict Coaching?

At its core, Mediation turns adversaries into collaborators, bringing people together to discover solutions to both simple and complex problems.

Conflict Coaching may be a better option. Conflict Coaching is a one-on-one conversation that provides an opportunity for individuals to explore options for current and future conflicts with an emphasis on personal empowerment and informed communication.

All CRCSTL sessions are voluntary and confidential.

Agreeing to Mediation or Conflict Coaching does not reduce your legal rights.



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*Empowering communities
through education & mediation.*

 **Conflict Resolution
Center-St. Louis**
CRCSTL.ORG

Who we are.

Conflict Resolution Center - St. Louis (CRCSTL)

CRCSTL is a 501(c) (3) nonprofit community mediation organization dedicated to helping individuals and organizations have meaningful conversations to arrive at peaceful solutions.

CRCSTL exists to provide professional dispute resolution services that are accessible to all and to be a leader in promoting peaceful, lasting, and effective solutions to conflict.



CRCSTL strives to create an inclusive environment. We don't allow racist, sexist, homo/bi/transphobic, ageist, xenophobic, and ableist language during mediation.

We welcome all parties to mediation and strive to create a safe space where all voices are equal.

What we do.

CRCSTL provides innovative dispute resolution and training:

Individuals & Communities

1-on-1 Conflict Coaching

Mediation

Education Services

Civil Mediation (Rule 17) Training

Mediation in Practice

Student-Led Peer Mediation

Workplace Solutions

Conflict Management &
De-Escalation Training

Connecting Through Conflict

About Workplace Solutions

Most people spend 35%-60% of their waking hours at work, and research has shown that workplace culture is the number one predictor of employee retention. Learning healthy conflict and empathetic practices will change the culture.

We can help you create the workplace you've always wanted.

Are you involved in a conflict?

Give us a call or visit us online.

Here's how the process works:

▼ Intake

Fill out a form online at **[CRCSTL.ORG/GETHELP](https://www.crcstl.org/gethelp)** or call (314) 255-7449 to get connected with a specialist.

▼ Case Assessment

We will do a full review of your case and talk to the other people involved. If we think mediation can help, we'll connect you and the others to a mediator.

▼ Scheduling

Your mediator will work with you and the other people to schedule the mediation at an agreeable time.

▼ Mediation

Your mediator will work with you and the others to find a mutually agreeable and lasting solution.

▼ Follow-up

After your mediation, your mediator will provide you with some guidance on next steps. Your case manager is here to answer any questions you have about moving forward after your dispute.